

Daniela Pittman

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Assistant professor of Psychology

- Master of Liberal Arts (ALM) in Psychology, Harvard University, Cambridge, Massachusetts.
- Bachelor of Arts. Major in International Relations. Universidad Iberoamericana, Mexico City.

Areas of Interest and Research

Happiness
Psychology

Short biography

Daniela is Founder of The Happiness Seminar, where she develops research and workshops related to happiness.

She has a international experience in teaching and also in positions related to public relations and marketing

Publications

Pittman, DA. (2016) The association between maternal self-report of depression and the risk of pre-eclampsia: outcome from 960 participants in a retrospective case-control study. *Evidence Based Midwifery* 14(3), 76-81.

Ideas, IE University Magazine, Madrid. "Happiness in the workplace, is that really possible?"